

Introducing a **NEW** eLearning *from Department of Enterprise Services*

Suicide Awareness



Course Overview

Suicide rates are increasing throughout the US and Washington State. Organizations and coworkers can play an important role in supporting an employee who is struggling. Organizations can help by implementing suicide prevention, intervention, and postvention strategies. Studies show that supportive relationships, such as coworkers and community connectedness, can help protect individuals against suicide. **WE ALL PLAY A ROLE!**

This course will take you approximately 45 minutes to complete.

It is highly recommended for ALL employees to take, with a special section for supervisors.

Performance Objectives

Upon the completion of this course, you should be able to:

1. Recognize the risk factors and warning signs of suicide.
2. Help prevent suicide by applying the LEARN® Model.
3. Support your team in the event that your workplace is impacted by suicide.
4. Apply prevention, intervention, and postvention strategies as a supervisor, manager, or HR professional.
5. Access resources about suicide prevention.

Search in the LMS for: **“WA-State Suicide Awareness”**

Note: This course is meant to take the place of: *“WA-State EAP: Suicide Prevention –What You Need to Know”*

SUCCESS **www.DES.wa.gov/training** MOTIVATION

TEAMWORK SOLUTION COMMUNICATION